



Republic of the Philippines
Department of Education
REGION IV-A CALABARZON
CITY SCHOOLS DIVISION OF DASMARIÑAS
FRANCISCO E. BARZAGA INTEGRATED HIGH SCHOOL
BRGY. SAN JOSE, CITY OF DASMARIÑAS, CAVITE

28 Sep 2026

SCHOOL MEMORANDUM

No. **269**, s. 2026

CONDUCT OF REGULAR SPORTS CLUB TRAININGS FOR SY 2026 - 2027

To: All JHS MAPEH Teachers
All JHS and SHS Students
All Others Concerned

1. Pursuant to Division Memorandum no. 561 s. 2025 re: Dissemination of Policy Guidelines on the Institutionalization of School Sports Club in Public Schools, the office hereby authorized Mr. Jade Asthley De Taza, SSC facilitator, together with the JHS MAPEH teachers to conduct regular sports regular training for students every Friday beginning October 09, 2026.
2. The SSC training will follow a shifting schedule to avoid disruption of classes every Friday.
3. In addition, SSC training is open to all JHS and SHS students. Advance registration is required to ensure that "1 student, 1 Sports policy" will be implemented.
4. Attached here is the detailed schedule of registration, training, and names of teacher-coaches assigned to each sporting event.
5. For your information and guidance.

JEFFREY D. PENALES
School Principal I



Address: Lagmay Compound, Medina Ville, Brgy. San Jose, City of Dasmariñas, Cavite
Telephone No: (046) 230-9622
Email Address: 328201@deped.gov.ph
Facebook Page: DepEd Francisco E. Barzaga IHS - Dasmariñas City
Website: <https://www.febihs.com>

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REGISTRATION PERIOD:

Sport Club registration will start on October 1, 2026, and will run until October 7, 2026. Interested students may get and submit their registration forms at the Sports Room during the registration period from 8:00 AM to 2:00 PM. Slots are limited to only 50 students per event.

COACHES

- a. Arnis (S' Jade Asthley De De Taza)
- b. Badminton (S' Jade Asthley De Taza and Reenelee Bonilla)
- c. Basketball (S' Davis Tabajunda and S' Jomar Lapuz)
- d. Table Tennis (M' Grace Aralar)
- e. Dancesport (S' Jaynel Agustin)
- f. Athletics (S' Jeffrey Costa)
- g. Volleyball (S' Oliver Mananzan and M' Hannah Ruaza)
- h. Chess (S' Jazer Crisostomo and M' Mary Ann Eduria)

SPORTS CLUB TRAINING SCHEDULE**Every 1st and 3rd Friday**

- Badminton Boys/Girls
 - o Morning Session: 9:00AM- 10:10AM Afternoon Session: 1:00PM - 2:10PM
- Basketball Boys/Girls
 - o Morning Session: 10:30AM – 12:00PM Afternoon Session: 2:30 PM – 4:00PM

Every 2nd and 4th Friday

- Arnis
 - o Morning Session: 9:00AM – 10:00AM Afternoon Session: 1:00PM - 2:00PM
- Dance Sports
 - o Morning Session: 9:30AM – 11:00AM Afternoon Session: 1:00PM - 2:30PM
- Volleyball Boys/Girls
 - o Morning Session: 10:30AM – 12:00PM Afternoon Session: 2:30PM – 4:00PM

Every Friday

- Table Tennis
 - o Morning Session: 11:00AM – 12:00PM Afternoon Session: 1:00PM – 2:00PM

Every Friday and Saturday

- Athletics: 7:30AM – 9:00AM
 - o Morning Session (Friday): Grade 8, 10 and 12
 - o Morning Session (Saturday): Grade 7, 8 and 11

To Be Announced by their Coach

- Chess Boys/Girls